Forest Lakes Community News May 2018

IN THIS ISSUE

- The FLCA Needs Your Vote: See the Director's Letter
- Trash and Recycling Update
- Pool Cards and Pool Opening
- Farmer's Market
- Swim Lesson Sign Ups
- Your Yard

DIRECTOR'S LETTER

Dear Forest Lakes Homeowners,

May is proving to be a very busy month! There are TWO very important matters that need the attention of ALL homeowners:

1. Hollymead Dam–The Albemarle County Board of Supervisors has agreed to assume responsibility for the upgrades and maintenance of the Hollymead Lake Dam which will relieve the homeowners of Forest Lakes of hundreds of thousands of dollars in costs to comply with dam safety requirements. To accomplish this, the Forest Lakes Community Association will need to transfer its interest in the dam and roadway on top of the dam and grant the County easements of access for construction and maintenance over nearby FLCA common areas. To sign these deeds, the FLCA Board of Directors needs authorization by the vote of the homeowners. A mailer is being sent out to all homeowners in May with information on this issue. A homeowners meeting on Wednesday, June 13, 2018 at 6:00 at the Forest Lakes Pavilion has been scheduled. THIS IS A CRITICAL FINANCIAL AND SAFETY ISSUE NEEDING THE TIMELY SUPPORT AND VOTES OF THE FLCA HOMEOWNERS. YOUR VOTE IS NECESSARY AND CRUCIAL – both to achieve a quorum and to relieve the FLCA of future financial burdens of maintaining the Lake Hollymead Dam. When you receive your mailer, please review all information enclosed, vote, and either mail your ballot/proxy in the self-addressed envelope, bring it by the FLCA office or bring it to the June meeting. HOWEVER, to establish a quorum, we would like your ballot BEFORE the June meeting.

2. Trash and Recycling–The Forest Lakes Board of Directors entered a new contract with our trash service provider, County Waste, to include clean recycling. The cost of our trash pickup services will increase by \$5.00 per household per month. The FLCA will be absorbing the roughly \$45,000 increase in costs for the remainder of 2018. Separate toters will be delivered to ALL Forest Lakes residents May 21–31 and recycling will begin the first Wednesday pickup in June. There is a "Recycle Education" mini-seminar being offered by County Waste on May 17th at 7:00pm in the Pavilion.

FOR MORE SPECIFIC DETAILS AND INFORMATION, PLEASE SEE THE RECYCLE FLYERS IN THIS NEWSLETTER AS WELL AS THE ARTICLE ON PAGE 5.

Please be sure you are signed up for E-News to receive timely information on both of these topics as well as other important information concerning Forest Lakes. You can sign up on our website or by calling the FLCA Office.

Sincerely,

Derek Duval President Forest Lakes Community Association, Inc.

Function	Organization/Person	Contact Information		
FLCA Site Manager (dues, ARB, common ground maintenance requests, building rentals, pool, and other FLCA issues or	Julia Stinnie Community Group, Inc.	1828 Pavilion Circle Charlottesville, VA 22911 (434) 973-4596 manager@forestlakes.net		
questions).	Tamera Hammond Community Group, Inc.	thammond@forestlakes.net		
After-hours emergencies involving common areas, buildings or facilities	Community Group Emergency Hotline (call 911 also if necessary)	1-804-270-1800. Follow prompts for Homeowner Services; include your contact info and description.		
Arbor Lake, Ashland	Stephanie Crouch Real Property, Inc.	(434) 823-4407 Arborlakesmanager@gmail.com ashlandmanager@gmail.com		
Ravenswood and Ravenscroft	James Watson Real Property, Inc.	(434) 202-1873 ravensmanagerrpi@gmail.com		
Willow Bend, Worth Crossing	John Duffy Real Property, Inc.	(434) 202-1872 willowbendmanager@gmail.com worthcrossingmanager@gmail.com		
Springridge	Mark Marshall Real Property, Inc.	(434) 202-1852 springridgeassociationmanager@gmail.com		
Gateway Village	Sanjay Suri Community Group, Inc.	(434) 984-0700 ssuri@communitygroup.com		
Mailbox Nameplates and Repairs	Dick Billings	(434)960-4999 dick.billings@gmail.com		
Soccer Field Reservations	Tamera Hammond	thammond@forestlakes.net		
Tennis Pro	Jim Labinski	Tennis Pro Shop (North): (434)974-5567 Cell: (434) 249-6420 Zentennis929@gmail.com 1818 Pavilion Circle, C'ville 22911		
Webmaster Forest Lakes Website – www.forestlakes.net	Tamera Hammond	thammond@forestlakes.net		
	OTHER CONTACTS			
Drivers/Car Licenses	Virginia Department of Motor Vehicles (DMV)	866-368-5463/www.dmvnow.com		
Electricity	Dominion Virginia Power	(888) 667-3000		
Roads & Signs, Snow Plowing	Virginia Department of Transportation (VDOT)	1-800-FOR-ROAD/800-367-7623		
Trash Removal	County Waste	(434) 296-6000		
Water and Sewer	Albemarle County Service Authority	(434) 977-4511		
Gas	City of Charlottesville	(434) 970-3211		
Albemarle County Police Non-Emergency		(434) 977-9041		

‡ 2

Keeping in the Loop

POOL OPENING AND POOL CARDS 2018

Pool opening day is Saturday, May 26th! Pool cards will be mailed to all residents the week of May 14th. If you do not receive your cards in the mail, please contact the office. Pool hours will be limited while Albemarle County public schools are still in session. Please see the pool hours flyer in this newsletter. A few pool notes:

- Cards: Residents are not to give their cards to anybody else to use our facilities. You MUST have your card to enter the pool. No card. No entry.
- Young Children: Parents, if you have a child who has a floating device on, water wings, life jacket, etc., you must be within arms reach of your child at all times. It is your responsibility to make sure your child is safe in the water.
- Parents: Please go over the pool rules (included in the pool mailer) with your kids, especially those who are receiving youth cards for the first time.
- Sunscreen: Please do not lie on the chairs with sunscreen – place a towel between yourself and the chair. Also, take care not to spray sunscreen onto the pool chairs. The sunscreen develops a thick film on the chairs which darkens over time and becomes unsightly.

FARMER'S MARKET

The Forest Lakes Farmer's Market continues every Tuesday through the spring and summer from 4:00pm – 7:00pm in the South Forest Lakes facility parking lot. There are lots of vendors to visit, fresh produce, baked goods, ice cream and more!

SWIM LESSON SIGN UP

Would you like your child to learn the proper swimming skills and strokes? Sign up date for the 2018 lessons is Tuesday, May 15th at the North Pavilion from 6:00 – 7:30pm. If you cannot make this date, there will be on-deck sign ups on Saturday May 26th from 1:00-2:00pm at the North Pool. Look for the swim lesion flyer in this newsletter for class descriptions. Our swim instructors, Jean and Roberta, are experienced Red Cross certified instructors. They are excited and looking forward to another summer to teach your child water safety, proper strokes and the love of swimming!

YARDS, WEEDS, MOLD AND MAILBOXES

Seems like we've been waiting for warm weather for quite some time! Now that it's here, our lawns are rapidly growing, weeds and all. Please make sure your beds are weeded and mulched, lawns are mowed on a weekly basis, and your yard is in good order. Take a look around your entire house – is there mold/dirt on your siding? If the answer is yes, it's time for a power wash. Stroll to the mailbox – is it in need of mold removal? Paint? Straightening? A new box? A little paint can go a long ways! Help to keep Forest Lakes a beautiful place in which to live!

NEXTDOOR.COM

Residents, please know that this is not a Forest Lakes sponsored website. Should you need information about Forest Lakes or have a question or concern, PLEASE call the office directly. There you will receive the correct information! You can also log onto our website for answers to many of your questions and receive announcements.

Neighborhood Notes

BIBLE STUDY

Bible Study is held every Wednesday from 10:00 - 11:00 am at the North Pavilion. Come join us as we follow the missionary journeys of Paul. Our group will be led by Revered Dave Johnson. Any questions please call Becky Rohrback at 434.202.1371. Hope to see you there!

BABYSITTERS/PET SITTERS

Need a sitter for a night out or a pet sitter for a weekend away? The Forest Lakes Office has a list on hand with names of residents who will be happy to help you out! Stop by the office for a copy of the list. This is for Forest Lakes residents use only!

COFFEE GROUP

The Forest Lakes Coffee Group will meet Thursday May 17th from 10 am - 12 pm at the North Pavilion. Please join us for coffee, teas, pastries, fresh fruit and good conversation with new and established friends. Invite any new neighbors or friends to join us. Hope to see you there! Sherry Sinard

PICKLEBALL OPEN PLAY THURSDAY'S 6-8 PM

Thursday's 6-8 PM @ the Forest Lakes Pickleball courts (Tennis Courts 3 & 4 @ FL South). We will be playing (weather permitting) starting March 15. Beginners & intermediate players interested in an evening of relaxed social play are welcomed. Please contact Jane Cook if you have additional questions at ForestLakes.Pickleball@ gmail.com.

FLCA MONTHLY BOARD MEETING

The next regular Board Meeting will be on Wednesday, May 23^{rd} at 6:00 pm at the North Pavilion. Please note that the topics for the meeting can change. The agenda for the meeting is available one week prior to the meeting at the association office and on the webpage.

DIRECTORIES

Forest Lakes directories are available at the FLCA office to Forest Lakes residents. If you are not in the directory and would like to be, you may obtain a Directory Form from the website or at the FLCA office. Office hours are Monday – Friday from 9:00am – 5:00pm

YOGA AND SMOVEY CLASSES

These non-impact classes are held at the north Poolhouse.

Yoga: Tech and Flow 1

Mondays: 5:45 – 6:45pm Wednesdays: 6:15-7:15pm

Chair Yoga

Tuesdays: 12:30-1:30pm

For questions on Yoga classes, call Karen Schultz (434) 962-2208

Smovey, Senior Fitness

Fridays, 9:30-10:30am For questions about Smovey, contact Antje Waxman, (434) 227-0438 or antjewaxman@gmail.com

FOREST LAKES COMMUNITY ASSOCIATION 1828 PAVILION CIRCLE

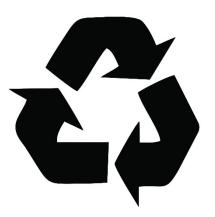
Monday-Friday: 9:00am-5:00pm

Fax: (434) 973-1344

Telephone: (434) 973-4596

Email: manager@forestlakes.net

Trash and Recycling in Forest Lakes – starting this June



As you read in the Director's Column, clean recycling will begin this June in Forest Lakes. There are two flyers provided by County Waste in this newsletter. One describes placement of your recycle toter and the other describes acceptable and unacceptable items for recycling. Please be sure to read both! Below are some other important things to know:

- Recyle Toters will be delivered to all Forest Lakes homes 21-31 May by County Waste.
- The recycle collection day will be the same day as trash day (Wednesdays). THE KEY THING TO REMEMBER IS TOTER PLACEMENT. Toters must be at least 5 feet apart and have at least 5 feet clearance from mailboxes, poles, lampposts, etc. Please read the flyer in this newsletter on this topic.
- Absolutely NO plastic bags are allowed to be recycled. They get tangled up in the machines and are a huge hindrance. Many grocery stores have plastic bag recycle bins outside their stores, or better yet, use fabric reusable bags!
- A "Recycle Education" mini-seminar will be presented by County Waste on THURSDAY, MAY 17th at 7:00pm at the Forest Lakes Pavilion. Please come to get informed and to discuss any questions you may have about our new recycling program!
- If you have any immediate questions or concerns, please do not hesitate to contact the FLCA office, 434/973.4596.

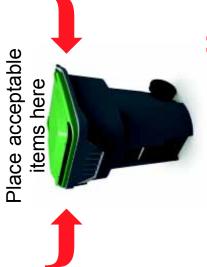
Keep Recycling Successful - Single Stream Recycling

K S S S S Acceptable Items:

YES

Junk Mail (incl. envelopes & Coupons) Telephone & Paperback Books White & Colored Ledger Paper Soft Covered Workbooks, Magazines & Catalogs Chipboard/Box Board Paper Egg Cartons Construction Paper Kraft Paper (brown White Envelopes Computer, Fax & Notebook Paper grocery bags) Copy Paper Newspaper

(green, clear, brown) Tin & Bi-Metallic Containers: Aseptic Milk/Juice Cartons (including Aerosol Cans) Frozen Food Cartons Plastic Containers Aluminum Cans Aluminum Foil (pie plates, eg.) **Glass Bottles** Juice Boxes Milk cartons C 1-7







NO Trash, NO Diapers, NO Clothing, NO Styrofoam, NO Bags, NO Caps or Lids, NO Food, NO Compost, NO Yard Waste Unacceptable Items:

County Waste

County Waste welcome's our customers to <u>AUTOMATED</u> REFUSE & RECYCLING COLLECTION

WHAT IS AUTOMATED COLLECTION?

Automated collection is a unique system of residential refuse and recycling removal. Automated trucks are equipped with lifting mechanisms that easily empty specialized carts. Homes are provided with carts that are rolled to the end of the driveway the evening before collection day.

NEAT, CLEAN & EASY!

- The wheeled carts are easy to maneuver no more lifting or dragging heavy cans!
- Clean and neat looking neighborhoods with uniform containers!
- No more animals knocking over cans or the wind blowing off lids!

IMPORTANT!

Please read the following:

- Please use carts for this coming week's pick-up. Wheel carts to the end of your driveway and set approximately 5 feet from each other, as shown below. Carts should also have approximately 5 feet clearance from mailboxes, poles and lampposts. Be sure to place all refuse and recycling in specified containers.
- Additional charges may apply to any extra bags outside the <u>refuse cart</u>. Prices vary depending on the size of each bag.
- Additional charges also apply to any bulk items outside or near your <u>refuse cart.</u> Each charge varies depending on the item being picked up. <u>Please do not put anything you do not wish to be picked up near your carts</u>; for example, lawn chairs, portable basketball hoops, bicycles, etc. For pricing and scheduling of bulk items wished to be removed, please <u>call our Customer Service Department.</u>

Place your recycling cart at least 5 feet away from your trash cart so our automated trucks may easily collect your trash and recycling.



Thank You for your cooperation and helping us keep recycling successful!



The Tropical Storms is a five week development program of the Forest Lakes Hurricanes Swim Team (FLST). It is designed to be an introduction to the competitive swim team. This program will provide the basics of competitive swim strokes. This program is not a substitute for swim lessons.

Tropical Storms are for children 4 years old and all <u>new</u> swimmers under 7 years old.

The program will introduce young swimmers to the swim team style of swimming and advance them to be able to swim at least 1 pool length (25 meters) of Freestyle and Backstroke. This 45-minute practice is intended to be an introduction to the swim team. The Tropical Storms goal is to encourage as many young swimmers to enjoy the swimming sport in a fun and friendly environment. They will practice 3 times a week, Monday, Tuesday, Thursday from 12:00-12:45 at the South Pool.

Spread the word

Please share this information with your new neighbors and friends who might be interested in learning more about the 2018 FLST season and programs. Please use flsthurricanes@gmail.com to request specific information and to be added to our email distribution for the 2018 season.

FOREST LAKES TENNIS NEWS

FROM THE DESK OF TENNIS DIRECTOR, JIM LABINSKI

May 2018

Dear Forest Lakes parents and junior tennis players,

As the month of May starts, the after school junior tennis program is entering its eighth week of the tenweek season. All the classes are conducted at the North courts. Due to weather issues, some days had to be rescheduled. For an up-to-the-minute revised make up schedule, I have periodically emailed parents of the participants. If you haven't received the revised schedule, please contact me and I will pass this along.

* * * * *

The clay court material has arrived. That means the D & D crew will be doing the spring renewal of the Clay Tech courts at the Forest Lakes North tennis center very soon.

Please be respectful of the courts, the court maintenance equipment and your fellow tennis-playing residents. Brush the courts when you are done playing and hang up the brushes high on the fence and off the ground.

I recommend that you come a little early and give the Clay Tech courts a little water before playing.

* * * * *

The USTA adult tennis league season is in full swing. Forest Lakes is well represented as usual.

Matches are throughout the week, so be sure to book your court time on the reservation sheets provided, to avoid potential conflicts.

* * * * *

Through the efforts of John Oliver, esteemed Forest Lakes resident and tennis nut, we have a tennis ball recycling program. When your tennis balls have lost their life, drop them in the bin provided outside the Pro Shop. When it is full, they are sent off to be recycled. Thanks, John O.

* * * *

A new, exciting line of Dunlop rackets is out! If you are in the market for a new racket, check with me to demo one of these new frames. I also have a few of last year's models at close out prices.

As always, I offer restringing and regripping services. Now is the time to get your racket tuned up for the upcoming warm weather.

Warm regards,

Jim Labinsky Director of Tennis, Forest Lakes Cell: 434/249.6420 zentennis929@gmail.com

SNA 5K

10th Annual MEMORIAL FUN RUN FOR SYDNEY AICHS, ALL PROCEEDS TO BENEFIT THE SYDNEY AICHS SCHOLARSHIP FUND.

**Thank you to ALL for the years in support of this event that honors Sydney's memory. We are hanging up our running shoes after this year's race. ** The scholarship will CONTINUE on in Svdnev's memory. Please join us all one more time!

HOSTED BY: AHS Students; Friends and Family

DATE/TIME: Saturday, May 19th 2018: Fun Run begins at 8: 00 a.m., Registration Begins 7:15 a.m. PLACE: Forest Lakes South, Pool and Soccer Field COST: Registration: \$8, Checks can be made out to: SYDNEY AICHS MEMORIAL SCHOLARSHIP FUND To Mail Forms in advance: Please mail to AICHS- SNA 5K 2691 Teakwood Drive, Charlottesville, Va., 22911 Or See Facebook Event PARK: Please carpool if possible. Forest Lakes residents please bike or walk to event. **CONTACT:** ahssna5k@gmail.com, Laura Massey, SNA Director T-shirts will be available first come basis. Water will be supplied.

SNA 5K, Entry Form

Last Name, First Name	M/F	Age at Rac	Student? e Yes No		
		,	5		
Street Address	City		State	Zip Code	
Email: T-shirt Size:					
Amount Enclosed: Race Fe	e \$	+ Donat	ion \$ =	Total \$	

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assumed all risks associated with running in this event, including, but not limited to: falls, contact with other participants, effects with weather, traffic, and conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this course. I, for myself and anyone entitled to act on my behalf, waive and release the organizers, race volunteers, Albemarle High, and Forest Lakes Community Association from all claims or liabilities of any kind arising out of my participation in this event. In consideration for the safety of all participants, I understand that no headphones, animals on leashes, skateboards, skates, rollerblades, or bicycles are allowed on the course. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my registration fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent/Guardian's Signature (If under 18): _____ Date: _____





It's Spring! Time to **transform** your house into the **home** you've always **imagined.**

2Friends is passionate about using your existing furniture and accessories to create a space that is comforting, functional and inviting all while saving you money.

Call today for a free consultation (434) 409-1736

www.2friendsanddesign.com



Your house called today... He needs a bath!

PRESERVE () PROTECT ENHANCE YOUR PROPERTY

EcoFriendly

434-825-1155 sami@samispressurewashing.com www.samispressurewashing.com





JOIN OUR EXCITING ADULT KRAV MAGA CLASS!

Increase your fitness + Develop self-defense skills for life

Call **866.823.4660** Or visit **blackbeltsuccessacademy.com**



Forest Lakes Veterinary Clinic (434) 975-6006

3440 Seminole Trail, Suite 102, • Charlottesville, VA 22911

We are a full service Veterinary practice located in beautiful Forest Lakes, Virginia. Since 2001, we have been caring for pets in and around the Central Virginia area. Our clinic features a state-of-the-art in-house laboratory fully equipped to ensure your pet's health and well-being.

Remember Your Pet's Oral Health is important too. Call today and receive 10% OFF Dental Cleaning. We also provide 6 month Senior Exams at 20% OFF. Mention this Ad for Discounts.

Need a refill on Your Pet's Monthly Flea/Tick or Heartworm Preventative?

Check out Our online Pharmacy. Free Shipping when you use **auto ship** & \$5 off your order when you use code **WELCOME62** www.forestlakes.vetsfirstchoice.com We welcome stress free visits as well, bring your Pet by just to say Hello. Our Family looks forward to taking care of Your Pet Family!



www.forestlakesveterinaryclinic.com www.facebook.com/ForestLakesVetClinic

Be sure and ask about our military discount!



* During school days, the South pool will close from 3:00 - 6:00pm for Swim Team Practice.

GUEST FEES

\$3 per person Weekdays\$5 per person Weekends/Holidays

10 punch pass \$20.00 No charge for children aged 2 & under.

Three (3) guests allowed per adult resident. Two (2) guests allowed per youth card holder.

ADULT EARLY MORNING LAP SWIM – SOUTH POOL

Tuesdays and Thursdays 6:30am – 7:30am

Begins Tuesday, June 12th Forest Lakes Residents Only Please bring your Poolcard

ALL RESIDENTS <u>MUST</u> SHOW THEIR POOL CARDS AND SIGN-IN WHEN ENTERING POOL AREA

ABOUT YOUR POOL CARDS.....

The Forest Lakes Swim & Tennis Facilities are open to all Forest Lakes residents. All adult residents and dependents that are rising 6^{th} grade and above will be issued pool cards which <u>must</u> be presented upon entering the pool area. Children below the 6^{th} grade <u>must</u> be accompanied to the pool by a parent or responsible resident (age 15 or older). All residents <u>must</u> sign in and show their pool card upon entering the pool.









Forest Lakes Swim Lesson Program Summer 2018 REGISTRATION

Tuesday, May 15th 6:00pm-7:30pm **North Pavilion** Saturday, June 2nd

11:00am-12:00pm North Pool

You may sign up for any class at either registration. Swim lessons are for Forest Lakes residents only.

Session 1: June 18- June 29

Session 2: July 9– July 20

Level I 10:35 am; 11:10 am; 5:30 pm

Level 2 10:35 am; 11:10 am

Level 4 10:00 am; 6:40 pm

Level 3 10:00 am; 11:45 am

Aquatots/Water Babies 6:05 pm

Session 3: July 23-August 3

North Pool

Level I I0:35 am; 11:10 am; 6:05 pm Level 2 10:35 am; 11:45am; 5:30 pm Level 3 10:00 am; 11:10 am Level 4 10:00 am; 6:40 pm

South Pool

Level I 5:30 pm Level 2 6:05 pm Level 3 6:40 pm

South Pool Level I 5:30 pm Level 2 6:05 pm

Level 3 6:40 pm

North Pool

North Pool

Level I II:10 am Level 2 10:35 am; 11:10 am ; 11:45 am Level 3 10:00 am; 10:35 am; 5:30 pm Level 4 10:00 am; 6:05 pm Level 5 6:40 pm

South Pool

Level I 5:30 pm Level 2 6:05pm Level 3 6:40 pm

Level I (3 years and up) First class without a parent. Skills include floating, kicking, bobbing, arm movements, breath control, rolling over and safety. All skills are done with support.

Level 2 (3 years and up) Must have completed Level 1 skills. Skills emphasized are rhythmic breathing, unsupported front/back floats and glides, finning, front crawl, elementary backstroke and safety.

Level 3 (5 years and up) Must have completed Level 2 skills. Skills emphasized are front crawl with breathing to side, elementary backstroke, treading water, butterfly kick, scissor kick, survival float and diving.

Level 4 (6 years and up) Must have completed Level 3 skills. Skills emphasized are deep water bobbing, breast stroke, sidestroke, back crawl, butterfly and endurance in front crawl and elementary backstroke.

Level 5 (6 years and up) Must have completed Level 4 skills. Skills emphasized are endurance of previous skills, sculling, shallow and surface dives, flip turns and safety.



Parent Assisted Classes

Waterbabies/Aquatot (6 mos to 2 yrs) A great first class! Emphasis on water adjustment, safety and supported movement through the water.

Preschool (2 years to 3 years) Same skills as aquatot. Emphasis on breath control, jumping-in and beginner forms of propulsion.

Class size: minimum 6 children, maximum 12.

Late registration: Sign up books with listings of open classes will be available at the lifeguard tables at the pools beginning on Sunday, June 3rd.

Swim lessons are taught in two-week sessions consisting of eight half-hour classes each session. There are two built-in make-up days per session in case of inclement weather.

Semi-private classes will be offered if there are less than 4 children registered for a class. Private lessons are available for children and adults.

Class size: Minimum 4 children; maximum 6 children (except for parent-assisted classes)

Cost: Cost per child per session is \$70.



THE LONGEST DAY alzheimer's Rb association

SHOW YOUR LOVE ON JUNE 21. HELP END ALZHEIMER'S.

On the summer solstice, team up with the Alzheimer's Association[®] and select any activity you love — or an activity loved by those affected — to help end Alzheimer's. Together, we will raise funds and awareness for care and support while advancing research toward the first survivor of Alzheimer's.

Register at alz.org/thelongestday.

© 2017 Alzheimer's Association®. All rights reserved

VEST DAV

THE LONGEST DAY



2nd Annual Sunset Run The only 2.4 mile fun run!

The Sunset Run is a fun run with all proceeds going to the UVA Children's Hospital. It was created as Catie Swansiger and Samantha Sanford's school project to make the world a better place. Sunset Run is a

run/walk, family friendly, dog friendly event with **plenty of raffles** after the run. **Where**- Forest Lakes South, beginning and ending at pool and field area **When**- Saturday, May 12th starting at 7:00 PM (Yes at sunset!) **Cost**- \$20 includes t-shirt if **registered by Friday, April 20th Contact Info**- Samantha and Catie at <u>sunset.run@yahoo.com</u> **Parking**- limited space available please carpool

Name	 Age	

Email				

Amount enclosed: Race Fee \$20 + Donation \$_____= Total \$_____

Cash and check only. Make checks payable to Lynette Sanford (put Sunset Run in memo line) Circle Tee shirt size Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL

I would like all my registration fee to go directly to the UVA Children's Hospital (no tee shirt)

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assumed all risks associated with running this event, including, but not limited to: falls, contact with other participants, effects with weather, traffic, and conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this course. I, for myself and anyone entitled to act on my behalf, waive and release the organizers, race volunteers, Forest Lakes Community Association from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my registration fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature:

Date____

Parent/Guardian's Signature (if under

18):____

Date

Mail form to: Sunset Run 1581 Thornridge Way, Charlottesville, VA 22911

Are you, or someone you know, thinking of selling or buying a home in Forest Lakes? Let's have a conversation!

Whether you are a seller or buyer, let me help you with your real estate decisions.



Wes Sury REALTOR® 434-906-9825 suryw@lumos.net www.Wes.Sury.com



A resident of Forest Lakes for over 20 years

Montague Miller & Co. PASSION. EXPERIENCE. INNOVATION Celebrating 75 Years

A **Smile** creates memories, We don't just create **memories**, we create **happiness**.

CAMDEN BROWN

ORTHODONTICS

(434)-990-5722 | www.camdenbrownortho.com

Image: Special system "We climb to the top, or other t

AN EXPERIENCED COMPANY THAT CENTRAL VA RESIDENTS HAVE TRUSTED ABOVE AND AROUND THEIR HOME SINCE 2006!

Grubb Tree • (540) 718-9199 • grubbtree.com

RECOMMENDED SERVICES

- Large & Small Tree Removal
- Pruning Remove unsightly or dangerous limbs.
- Topping Reduce tree canopy by up to 50%.
- Bush Trimming Trim hedges to your desired size and shape.
- Stump Grinding Roots and trunk are chipped.
- Hauling Debris Get rid of all that brush build-up!
- Tree Feeding Strategically placed fertilizing!
- Lot Clearing Start from scratch with a clean yard!
 - TREE TOO DANGEROUS? NOT A PROBLEM!! We do dangerous and hazardous removal. Check out our POV Videos on our Facebook page or Youtube Channel.

nbs.

BENEFITS

Personal Service

• You now have a *dependable tree guy* that will show up on time and get the job done quickly, safely and correctly.

Peace of Mind • We have a \$1,000,000 Insurance Policy

3 Month Follow Up • *We stay in touch*, so you don't have to worry about losing our number!

PRSRT STD ECRWSS U.S. POSTAGE PAID EDDM RETAIL

Local Postal Customer



"Took out a large oak tree, which was in a challenging location, next to a retaining wall and my house! Great work! Luke & team are highly skilled" -Katie B.

"Very good work, professionally done. I recommend Grubb Tree Service and would engage again." - Marie J.

"Tm a first time home buyer. Didn't realize how much work my relatively big yard would require. There were bushes and some unnecessary trees everywhere. Grubb Tree Service did excellent work." -David H.



Monticello Little League Challengers Present

The First Annual "It's all about the Kids" Bolf Tournament

Greene Hills Country Club — 3858 Dundee Rd, Stanardsville, VA 22973

Titleint



The Monticello Little League Challengers Division is a charity formed to allow special needs children the joy of playing baseball.

DATE Monday, May 14 2018 REGISTRATION BEGINS AT 11:30am



SHOTGUN STARTS AT 1:00pm COMPLIMENTARY DINNER AT 5:30pm

- A 501c3 CHARITY
- 100% VOLUNTEER NO PAID STAFF
- FULLY FUNDED BY YOUR DONATIONS
- ALL PROCEEDS GO TO THE KIDS

- 1st, 2nd, and 3rd place team prizes awarded
- Individual hole in one prizes available on every Par 3 hole
- Door Prizes and Raffle
- Over \$25,000 in Prizes

For more information please contact Steve Hess at (434)953-3977

Tournament Format:

- Teams will consist of 4 Players
- Mulligans: \$5 ea / Limit two per Player (May not be used to qualify for Hole in One Prizes)
- Teams Play "Captain's Choice"
- Prizes Awarded for 1st, 2nd, and 3rd place teams

Team Registration Form:

GOLF PACKAGE \$360: Golf for 4 Players/Carts and complimentary dinner

Player Name	Address	Phone#	Email
Player 1			
Player 2			
Player 3			
Player 4			

I cannot attend, but here is my tax deductible donation of \$

Please include payment with registration form no later than May 12th, 2018 Make all checks payable to Monticello Little League Challengers

Mail to: Address: City, State, Zip Code: Steve Hess 5651 Amicus rd. Ruckersville, VA 22968



Listing your home for sale? Interview more than 1 Realtor[®]. We suggest interviewing a Realtor[®] who is:

1) Supported by a National Network of the top Realtors[®] in the United States and Cananda

- 2) Endorsed by Barbara Corcoran, Real Estate Mogul and Shark on Shark Tank
- 3) Part of the #1 Real Estate Company in Charlottesville (Thank you Daily Progress Readers)
- 4) Not afraid to invest money into marking your home the way it deserves to be marketed

Feel more comfortable with a Realtor[®] who intimately knows Forest Lakes and is a resident in your neighborhood? We have that covered too.

forestlakes@avenuerealtygroup.com 434.326.5477

920 Gardens Blvd. Suite 200 | Charlottesville, VA 22901 WWW. AVENUEREALTYGROUP.COM



Whether you are buying or selling your home in Forest Lakes, trust the Realtor who knows our neighborhood!





Greg Webb Personal Injury Attorney MichieHamlett 500 Court Square, Suite 300 Charlottesville, Virginia 22902 Direct: 434-951-7237 gwebb@michiehamlett.com

Forest Lakes resident since 1998.

MichieHamlett has been helping clients for 70 years. The firm's three groups, Commercial, Personal Injury, and Personal Services, focus on domestic relations, estate planning, real estate, business, commercial litigation and personal injury law.



Best Lawyers in America, Virginia Super Lawyers, Multi-Million Dollar Advocates Forum, Charlottesville's Best Lawyers Personal Injury Litigation - Plaintiffs Lawyer of the Year 2012.